

Year 6 Bao Loc Trip

26th - 28th March 2025



Safety

- Comprehensive in-person Risk Assessment carried out prior to the trip.
- 10-11 adults will be attending (5 ABCIS staff and 4-5 'Phat Tyre' staff)
- Safe practices are paramount and adhered to at all times.
- Careful briefings for students and close monitoring during all activities.
- Close supervision at all times.
- Children will not be forced to do any activity they are uncomfortable with.



VIETNAM

Why did we choose this company?

The quality and reliability of the service that they provide.

Their goal is to provide the offer the best programs, with the best trained, best equipped, safest and most knowledgeable guides in Vietnam.

All guides go through intensive 30 hour Wilderness First Aid course as well as annual refresher courses at the Family Medical Practice in HCM.

All of the 'Phat Tyre' personnel are highly trained in regards to safety and looking after the children. They will be working alongside the teachers the entire trip and ensuring all activities are conducted in a safe manner.

'Phat Tyre' provide:

First Aid trained guides.

Fully stocked first aid kits suitable for large group.

All equipment necessary for the Abseiling activity (Internationally accepted safety standards).



ABCIS Staff attending

Mr. Dan



Ms. Louisa



Ms. Chloe



Ms. Hong



Ms. Hanh



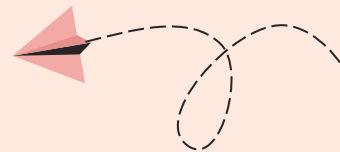
Accommodation - Dambri Tourist area



[https://www.dambri.com.vn/en/.](https://www.dambri.com.vn/en/)

Rooms and Safety:

- Boys will share rooms with boys only and the same for girls (mainly 2 person occupancy unless uneven numbers).
- Each child will know how to contact a teacher if they have any questions or problems.
- Teachers and Assistants will be in separate rooms but in close proximity of the students.
- Children are not allowed to open their doors to anyone but the school staff.
- No children will be allowed to exit rooms without permission from a teacher after bedtime.
- All kettles and minibar items are removed from rooms.



Itinerary

The objective of this program is to offer the students a shared experience and a chance to get to know each other better through teambuilding challenges and adventure sports. The emphasis will be on fun, excitement, personal challenge and team support.

	Wednesday 26th March	Thursday 27th March	Friday 28th March
AM	<ul style="list-style-type: none">- Meet at ABCIS 7.30AM.- Coach journey to Bao Loc.- Lunch.	<ul style="list-style-type: none">- Breakfast.- Visit Dambri Waterfall.- Abseiling.- Water Balloon Volleyball.	<ul style="list-style-type: none">- Breakfast and check-out of accommodation.- Visit Tea House and Hiking
PM	<ul style="list-style-type: none">- Visit Linh Quy Phap An Pagoda and hike enjoying the temple and forests/mountains.- Check-in to Dambri.- Archery, Frisbee and other games.- Dinner.- Bonfire and Marshmallows!	<ul style="list-style-type: none">- Hiking.- Tree planting.- Alpine Roller Coaster.- Lunch.- Transfer back to Dambri.- BBQ Dinner.	<ul style="list-style-type: none">- Lunch.- Depart and return to ABCIS (we will advise exact time closer to the date of the trip)

What is included:

- Programming and qualified bilingual guide team and activity facilitation
- All vehicle transfers
- Meals: 2 breakfasts, 3 lunches and 2 dinners (Vietnamese set menus) Children should eat breakfast before we depart or bring for the bus on the 26th March - they are free to bring their own snacks
- Accommodation: 2 nights in bungalows at Dambri (Mainly Double occupancy)
- Entrance fees, activity guides and tourist permits (Alpine Roller Coaster at Dambri Waterfall, Hiking, Tree Planting and Tea Leaves picking)
- First Aid trained guides
- Fully stocked first aid kits suitable for a large group
- All equipment necessary for the Abseiling activity (Internationally accepted safety standards).
- Bonfire and marshmallow toasting on the night of Day 1

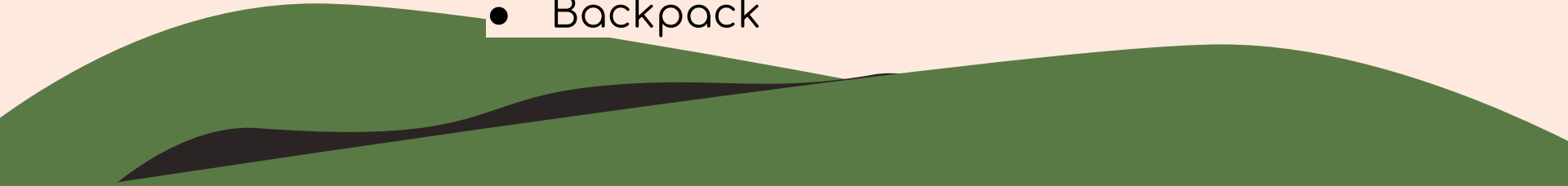








Suggested things to bring:

- Hat
 - Sunscreen
 - Comfortable Sport shoes
 - Comfortable Outdoor clothes
 - Mosquito repellent
 - Personal refillable water bottles
 - Toiletries
 - Towel
 - Rain poncho
 - Backpack
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Electronic Equipment:

Any electronic devices or portable computers = Own responsibility.

No use of these devices to contact parents is allowed.

Cameras are not needed, as all the teachers will be taking a variety of photos.

Phones:

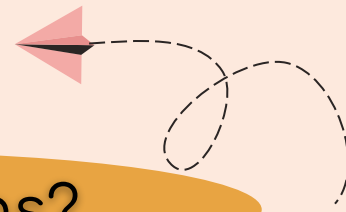
No phones are allowed to be brought on the trip.

Medication:

Please give the medication form and the medication to the nurse before the trip.

The nurse will talk to Mr. Dan to make sure the medication is used correctly.

Children should not bring any medication that the nurse has not seen before the trip.



Any Questions?

